



MARCH 2017



| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
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| To Contact a Breastfeeding Peer Counselor near you: Counselor: (443) 262-4423, press 1 for the BFPC line Danya Benton RN, IBCLC: (410)-758-0720 Ext: 4510 (BFPC Coordinator) Upper Shore WIC Program: Q.A.'s (443)262-4423 Kent (410) 810-0125 | | Services:- Peer Counselor program - peer counselors are moms just like you that have been on WIC and breastfed, they offer BF support on an individual basis - please call: 443-262-4423 and press 1 for the BFPC line.- International Board Certified Lactation Consultant / Registered Nurse – Available to answer medical and breastfeeding questions – please call: (410)-758-0720 Ext: 4510 La Leche League (LLL)-Please refer to website for more information: http://www.lllofmd-de-dc.org/ | | | | |
| | | | 1 Anne Arundel Medical Center -7pm – Breastfeeding basics -(443)481-6122 -\$40 | 2 Union Hospital – Elkton -6-7:30pm – Breastfeeding Mom's Cafe -(443)245-7305 -FREE | 3 Anne Arundel Medical Center -7pm – Back to work and Breastfeeding Support Group -(443)481-6122 -FREE | 4 |
| 5 | 6 | 7 UM Shore Regional Health - Easton 10-11:30- Breastfeeding support group -410-822-1000 ext:5231 -FREE Union Hospital – Elkton -10-11:30am – Breastfeeding Mom's Cafe -(443)245-7305 -FREE | 8 Anne Arundel Medical Center -7pm – Breastfeeding basics -(443)481-6122 -\$40 | 9 Anne Arundel Medical Center -9am – Breastfeeding support group -(443)481-6122 -FREE | 10 | 11 |
| 12 | 13 | 14 Union Hospital – Elkton -10-11:30am – Breastfeeding Mom's Cafe -(443)245-7305 -FREE | 15 Anne Arundel Medical Center -7pm – Breastfeeding basics -(443)481-6122 -\$40 | 16 | 17 | 18 UM Shore Regional Health - Easton -9am -12 -Breastfeeding class -410-822-1000 ext:5231 -FREE |
| 19 | 20 | 21 UM Shore Regional Health - Easton 10-11:30- Breastfeeding support group -410-822-1000 ext:5231 -FREE YMCA - Easton -4- 6pm - Breastfeeding Support Group -443- 949-5180 | 22 Anne Arundel Medical Center -7pm – Breastfeeding basics -(443)481-6122 -\$40 | 23 Anne Arundel Medical Center -9am – Breastfeeding support group -(443)481-6122 -FREE | 24 | 25 |

| | | -FREE Union Hospital – Elkton -10-11:30am – Breastfeeding Mom’s Cafe -(443)245-7305 -FREE | | | | |
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| 26 | 27 | 28 Union Hospital – Elkton -10-11:30am – Breastfeeding Mom’s Cafe -(443)245-7305 -FREE | 29 Anne Arundel Medical Center -7pm – Breastfeeding basics -(443)481-6122 -\$40 | 30 Union Hospital – Elkton -6:30-9pm – Breastfeeding Basics -(443)245-7305 -\$10 | 31 | |
| <div>  <div> <h1>APRIL 2017</h1> </div>  </div> | | | | | | |
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